# Master program: Work, Organizational and Personnel Psychology (WOP)



https://www.rug.nl/masters/work-organizational-and-personnel-psychology/



# The master track coordinators



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# Why do we need work and organizational psychologists?

How many hours does the average person work during their lifetime?

81,396

(Gallup State of the Global Workplace 2022 Report)

What percentage of global workers felt **engaged at work** in 2022?

21%

(Gallup State of the Global Workplace 2022 Report)

What percentage of global workers felt **daily stress** in 2022?

44%

(Gallup State of the Global Workplace 2022 Report)

What is one of the main reasons people quit their jobs?

**Toxic workplace culture** 

(Sull, Sull & Zweig, 2022)

What was **the biggest internal challenge** CEOs faced in 2022?

**Acquiring & retaining skilled labor** 

(Deloitte CEO survey, 2022)









#### How to Fix a Toxic Culture

Advice on addressing toxic leadership, toxic social norms, and work design to improve corporate culture.

Donald Sull and Charles Sull . September 28, 2022



#### TALENT MANAGEMEN

#### Why Companies Should Help Every Employee Chart a Career Path

Providing career development to all employees requires clear pathways for growth and opportunities to build new skills.

George Westerman and Abbie Lundberg • March 02, 2023



#### CULTUR

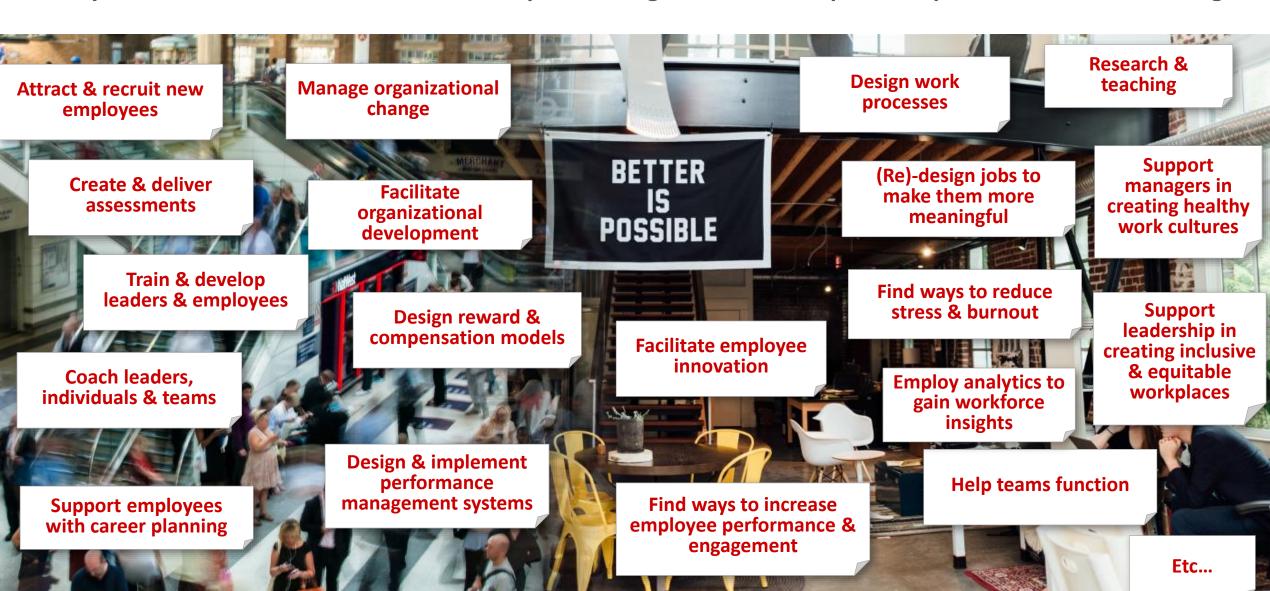
#### Why Innovation Depends on Intellectual Honesty

Psychological safety isn't enough for innovation. Managers need to create conditions for healthy debate.

Jeff Dyer, Nathan Furr, Curtis Lefrandt, and Taeya Howell January 17, 2023

## What do work and organizational psychologists actually do?

They make evidence-based decisions to help create organizations that promote performance & well-being





# What does the program look like? Overview

To graduate, you need a total of 60 EC

Courses (a total of 30 EC)





Specialization 10 EC



Skills 5 EC



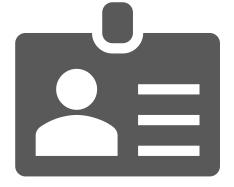
Methods 5 EC



Other 10 EC

Master thesis & Internship (a total of 30 EC)





Master thesis 20 EC

Internship 10 EC

# The courses: Overview

Type of course	What you will learn	Courses needed	Courses
Specialization courses	Advanced theoretical knowledge you can apply in your future work	2 (10 EC)	<ul> <li>Stress and health at work</li> <li>Power and leadership</li> <li>Creativity and innovation in organizations</li> <li>Selection, assessment, and job performance</li> </ul>
Skills courses	Practical skills, via extensive exercises & practice	1 (5 EC)	<ul><li>Coaching (option to get coaching certificate)</li><li>Designing interventions</li></ul>
Methods courses	How to think about & do research (methods & statistics)	1 (5 EC)	<ul> <li>Repeated measures</li> <li>Advanced research methods in social and organizational psychology</li> <li>Test construction</li> </ul>
Any other courses	Anything else you find interesting	2 (10 EC)	<ul> <li>Master courses within psychology</li> <li>Master courses outside psychology (need approval by exam committee)</li> </ul>

# Master thesis (20 EC)

- Work on your own research project on a topic of your interest
  - Matching with supervisors based on your interest & their expertise
  - Variety of settings & methods possible (e.g., field studies, interventions, experiments, case studies, interviews etc.)
- Who might be your next thesis supervisor?



# What broader questions do we study in our group?

https://organizational-psychology-groningen.nl/research/















# **Master thesis (20 EC)**

- Work on your own research project on a topic of your interest that matches a supervisor's expertise area
  - Matching with supervisors based on your interest & their expertise
  - Variety of settings & methods possible (e.g., field studies, interventions, experiments, case studies, interviews etc.)
- Some example topics from last year:

How do job candidates react to technology-enhanced assessment methods?

How does career adaptability affect individual well-being & success at work?

What are the benefits and drawbacks of hybrid work?

Why do people resist creative ideas at work?

What are the effects of Dark Triad traits in the workplace?

How do leaders effectively manage conflicts?

# Internship (10 EC)

- Practice your work and organizational knowledge and skills
  - Translate theory to practice
  - Develop your professional skills in a real organization

## What types of internships can you do?

- Practical internship in a 'real organization'
- Coaching platform internship (you need to have taken the coaching course first)
- Integrated internship (combination of master thesis & internship)

## How do we help?

- Provide access to an internship database
- Introduce you to our partner organizations (e.g., Noorderlink)
- Provide exclusive access to the coaching platform
- Help with, for example, writing applications,
   CV via our Career Services
- Provide support throughout (e.g., intervision meetings)

# **Example internships: Integrated internship**



## **Situation:**

- Mental health service provider for about 250 male patients ('tbs') who committed a crime
- About 600 employees

## **Question:**

How do incidents with violent patients affect employees' health & absenteeism rates?

## **Student activities:**

- Master thesis research (coded about 200 patient incidents; given access to organizational absenteeism data)
- Internship activities: helped prepare & conduct employee training on safety issues

# **Example internships: Integrated internship**



## **Situation:**

 Samenwerking Rijk Noord (SRN), helps various governmental organizations attract & manage their workforce and facilitates interorganizational cooperations

## **Questions:**

- How can we be a more attractive employer?
- How can we retain (ICT) personnel in a competitive labor market?

## **Student activities:**

- Master thesis research (employee surveys on work design & telework )
- Internship activities: presentations to agency managers; participation in ongoing projects

## **Student outcomes:**

Job offers for two of our students



# Where did some of our students find internships?









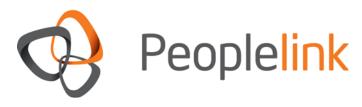






Rijksoverheid











## Career prospects: What types of jobs are you likely to get?

#### **HR Operations**

HR Business Partner
HR Controller
Partner People & Organizations
People Operations Manager
People Systems & Design Specialist
Manager Flexible Workforce

## **HR Data Analytics**

Manager Human Capital Analytics
HR Data Analyst
HR Tech Lead
Workforce Insights Manager
Lead People Data Scientist
Manager People Systems

#### **Recruitment & Onboarding**

Talent Acquisition Specialist
Global Strategic Sourcing Manager
Test and Assessment Specialist
Candidate Manager
Onboarding Specialist
Manager Talent Attraction

#### **Learning & Development**

Manager Talent Strategy
Talent Management Specialist
Training & Development Specialist
Online Learning Designer
Performance Consultant
(Executive) Coach

#### **Compensation & Benefits**

Manager Reward & Recognition

HR Compliance Manager

Manpower & Compensation Specialist

Compensation & Benefits Consultant

# Organizational Development & Change

Organizational Development Specialist
Transformation Specialist
Change Management Specialist
Culture & Digital Transformation
Manager
HR Scrum Master
Agile Coach

## **Diversity, Equity & Inclusion**

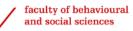
Manager Diversity & Inclusion
Project Manager LGBTQ
Talent & Diversity Officer
Talent Enablement & Diversity Manager

# Employee Experience & Wellbeing

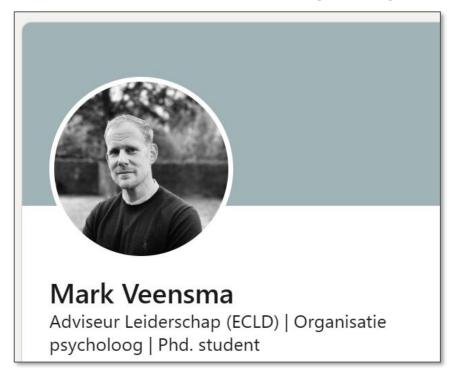
Employee Experience Manager Employee Engagement Officer Employee Experience Architect Happiness Officer Employee Well-being Manager

Photo: Ant Rozetsky on Unsplash





# Career prospects: Where are some of our alumni now?





As a leadership advisor, he translates scientific findings on leadership into practical applications (e.g., interventions, workshops etc.)

As a PhD candidate, he looks into when & how destructive leadership develops over time



# Career prospects: Where are some of our alumni now?

















Kienbaum Z PagePersonnel



















# What other opportunities are there to prepare you for work?

## Career talks

- We regularly invite practitioners to talk about their work
- Great networking opportunity & insights into different types of possible jobs out there

## Community for WOP Psychology at VIP

- VIP is the study association for psychology students at the RuG
- Great opportunity to network with like-minded students, join inhouse visits at different organizations & attend practitioner talks

## Networking via LinkedIn

 Join our LinkedIn alumni group. Search on LinkedIn for a group called "RuG Organizational Psychology Alumni Network" & ask to join

## Job opportunities

We post job opportunities (we know of) on Brightspace



# Join us if you...

- are interested in learning about a range of current topics in WOP &
   prefer to have some choice in your coursework
- enjoy working with a diverse, international group of students & faculty
- are eager to gain practical & professional skills relevant for your future
- want to actually make a difference!



# **Questions?**



## Further information & who to contact?

## More information about the programme:

https://www.rug.nl/masters/work-organizational-and-personnel-psychology/

## More information about our team:

https://organizational-psychology-groningen.nl

## More information about WOP/AOP psychology:

http://www.eawop.org

http://www.waop.nl

https://www.siop.org

- For questions about the content of the programme you can contact us at org.masterpsy@rug.nl
- For questions about admissions procedures & formalities you can contact:
  - Admissions:
    - <u>bss.msc.admission@rug.nl</u>
    - toelatingscommissie.masterpsy@rug.nl
  - Study Advisors:
    - studieadvies.psy@rug.nl
    - studyadvice.psy@rug.nl
  - Student Service Desk (onderwijsbalie):
    - owbalie.gmw@rug.nl

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We hope to see you soon!

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