

# GLV Idun - BSc brochure

**BSc Biology**  
**BSc Biomedical Engineering**  
**BSc Life Science & Technology**



# GLV Idun

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GLV Idun (Groningen

Levenswetenschappen Vereniging Idun) is the study association for bachelor and master students in the Life Sciences at the University of Groningen.

The association has over **2000 members**. Of those 2000 members, around **200 members** are playing an **active role** in one of our **20 committees** and organise over **150 activities** each year. The association has a lot to offer to its members; support in education, organising social events, providing insights in future career paths, etc.

GLV Idun offers the opportunity to participate during formal events to meet possible employers, as well as informal events to meet students from other programmes and majors. We make sure you get the ultimate student experience!



## WHAT IS GLV IDUN?

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GLV Idun is here to help you get the most out of your days as a student, be it on a study, career, or social level. GLV Idun organises a wide range of activities and offers several services, which are directly to your advantage. GLV Idun helps you prepare for your future career by bridging the gap between student- and working life. Lastly, there is unlimited coffee and tea at the office, which is free for members.

***“WE MAKE SURE  
YOU GET THE  
MOST OUT OF  
YOUR DAYS AS A  
STUDENT!”***



## CONTACT

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Meet the board at the GLV Idun Office. The board will work hard upcoming academic year to offer as much value for you as possible. If you have any questions or just want to drink a (free) cup of coffee, feel free to visit us at 5713.0171 (Linnaeusborg, Zernike) or at 3213.S22 (Association Hallway, UMCG)

Nijenborgh 7  
9747AG  
050-3632074  
bestuur@idun.nl  
www.idun.nl



## INTERNATIONALISATION

The amount of international students in our programmes is growing and we want to support them. GLV Idun organises events promoting the international awareness of our members, assisting new international students with practical issues like finding housing or opening a Dutch bank account, and overall supports the integration of international students within our association. If you're an international student, make sure to also check our international brochure on our [website](#).

## COMMITTEES

GLV Idun has several committees, joining one is a great way to become active during your period as a student. With 20 committees there is always something to your liking. Are you a fond traveller? Do you just like to party? Or maybe you're more of a busy bee and like to organise events? Look no further we got exactly the right committee for you! Keep an eye on our social media for the Committee Applications at the beginning of the year, and do not forget to have a little fun!

## BOOKS

After you have become a member, you can order books with a great discount. You can find a complete updated list of study books for the first period in the GLV Idun bookstore, if you visit <https://www.idun.nl/study/book-sale>, and follow the steps indicated there. We strongly advise you to order your books before the start of the academic year, so you will receive them on time. During the year, it is also possible to order other books you will need for later periods.

## LAB COAT AND GOGGLES

Lab coats and goggles can be fitted and ordered during the introduction day. Check our website for more information about this topic!

***“WE MAKE SURE YOU  
GET THE BEST PRICE  
FOR YOUR STUDY  
MATERIALS!”***



# SOCIAL

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As hard work pays off, some time needs to be reserved for relaxation, fun and socializing. This can be found during our weekly Wednesday “Suite Drinks”. For only 90 cents you get yourself a beer and you don’t even have to leave the faculty building. Every month we make it even more festive during the “IduNight” hosted in “het Pakhuis”.

Next to the general activities, make sure you do not forget the annual gala, foreign excursions, ski holiday, beer cantus, the auction, the Batavierenrace, the BBQ, hitchhiking weekend and much more!

Discover the activities that suit you best, but do not be surprised when you find out GLV Idun organises even more than you could ever dream of. For more information and pictures of recent edition, please visit [www.idun.nl](http://www.idun.nl).

**“WE MAKE SURE YOU WILL ENJOY YOUR STUDENT LIFE!”**



# CAREER

Where do I want to start my career? What is my dream job? How do I get there? Multiple questions we would like to help you with. GLV Idun offers more insight in the possible career paths and like to give more information about the possibilities that are there for you. GLV Idun organises multiple career activities that connects the students with business life. GLV Idun organises networking drinks, speed dates, company excursions, career markets, and cases. Our study association even has a Career Committee which focuses on organising even more of those events and exploring the business side of our field.

GLV Idun recognises the need for developing your soft- and hard skills to make sure you are well prepared for the future. GLV Idun organises multiple workshop during the year, including personal branding, personal effectiveness, presenting, LinkedIn/resume workshops, Excel, Latex, etc. Please check [www.idun.nl/career](http://www.idun.nl/career) for more information.



***“WE MAKE SURE  
YOU ARE WELL  
PREPARED TO  
START YOUR  
CAREER!”***



## SYMPOSIUM

Every year GLV Idun organizes a symposium. During this event participants can attend various speakers and take part in small scale workshops. Every year the symposium has a different theme, previous topics have been; The Pharmaceutical Industry, The Five Senses and Crime Scenes. Don't forget lunch is included!

## EDUCATIONAL

GLV Idun recognises the need for study support and educational activities. Therefore, GLV Idun organises Exam Support Sessions for difficult courses throughout the year. Course summaries and readers can be downloaded from the Summary Database. Even Learning Communities are organised to make sure you have a quiet place to study with your friends, when the University Library is too crowded again. Check [www.idun.nl/study](http://www.idun.nl/study) for more information.

## STUDY TOUR

Interested in working outside of the Netherlands? Then join the Studytour! Every year, GLV Idun organises a trip abroad in which students visit multiple companies and universities to get a glimpse of their future careers. Besides the company visits, there will be other activities to just enjoy the city itself.

***“WE MAKE SURE  
YOU ARE WELL  
SUPPORTED NEXT  
TO YOUR OWN  
EDUCATION!”***



## HOW TO BECOME A MEMBER

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You can take care of this easily online by visiting

<https://www.idun.nl/become-a-member/join-idun>. A membership only costs approx. €19 per year (which you easily earn back by ordering your first books).

## ACTIVE MEMBERSHIP

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By joining one of GLV Idun's committees you make sure to develop yourself, gain organisation skills and meet many new people. An overview of all the committees and what they organise can be found here:

<https://www.idun.nl/association/committees>

## FAQ

### ***Can I join a committee?***

That is possible! All committees have applications at the beginning of the academic year and most committees have a second round of applications later in the academic year. Information about the applications can be found on our Instagram page. Information about committees can be found on <https://www.idun.nl/association/committees>.

### ***My account is not yet activated. How do I solve this?***

When your account is not activated, this is because you have not clicked the activation link. Send an e-mail to [board@idun.nl](mailto:board@idun.nl). You will receive an e-mail with a new link to activate your account.

### ***How long does it take before I get my ordered books?***

This usually takes about 48 hours (weekends not included). When a book is out of stock, it will take longer. In case the books are much later than 48 hours, check your track-and-trace code to see where the book is. If this doesn't work, you can always mail to [board@idun.nl](mailto:board@idun.nl).

### ***Who can go to the activities that are organised by committees?***

The activities are organised by the committees, but every GLV Idun member can go to the activities and participate. Non-members can come to most activities, as long as they are together with a member. Non-members pay more for activities than members.

### ***GLV Idun has debited money from my bank account. Where can I find what this is for?***

Sign in at the GLV Idun website. Next you can go to My GLV Idun > Profile > My purchases.

### ***Before what date do I have to unsubscribe from GLV Idun?***

When you want to unsubscribe for the next academic year, you have to send an e-mail to [board@idun.nl](mailto:board@idun.nl) before August 1st.